Fresno County SELPA
Special Education Local Plan Area

Trina Frazier, Assistant Superintendent

SELPA Training Team Trainings

Title	Description	Target Audience	Training Time	Customized Options
Classroom Management Foundations: What Actually Works	Strong classroom management is not just about discipline - it's a powerful Tier 1 intervention that supports all learners by creating predictable, engaging, and emotionally safe spaces. In this interactive training, participants will explore evidence-based strategies that make classrooms more structured, responsive, and joyful. Through discussion, modeling, and practical examples, attendees will: • Understand why strong Tier 1 systems - routines, expectations, positive reinforcement, and relationships - are essential before layering on individualized supports. • Deepen their understanding of the ABCs of behavior and how antecedents, behaviors, and consequences guide effective classroom practices. • Discover how visuals and classroom set-up act as a "silent assistant," reducing verbal redirection and promoting independence. • Practice designing clear routines and transitions that reduce anxiety, increase instructional time, and build confidence.	Gen Ed & Sped Teachers, Paraeducators, Administrators, DIS support providers	4 hours in-person	Pick your setting: • General Education • RSP • Special Day Class

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	• Learn to implement structured work blocks to build student stamina, focus, and motivation. • Leave with ready-to-use examples, visual templates, and low-prep strategies to increase consistency and engagement. This session blends brain-based insights, practical classroom tools, and humor to help educators create classrooms where predictability meets connection - the true foundation for learning and behavior success.			
Teacher & Para Educator Bootcamp	This interactive training focuses on practical strategies participants can use immediately to support students with diverse learning, behavioral, and social-emotional needs. Through engaging activities, real-world scenarios, and collaborative discussions, participants will explore proactive behavior supports, de-escalation techniques, communication strategies, student engagement, and effective classroom practices. Participants will learn how to: • Understand the function behind student behavior • Use proactive strategies to prevent challenges before they occur • Respond effectively during moments of escalation • Build positive relationships that support learning and growth • Promote student independence and engagement • Strengthen collaboration between teachers, paraeducators, and other educational team members Whether participants are new to their role or experienced educators, this training will strengthen their confidence, expand their skills, and enhance	Gen Ed & Sped Teachers and Special Education Paraeducators (teacher–para teams encouraged to attend together)	Full day (approx. 6.5 hours) in-person	Pick your setting: General Education • Academic support • Supervision staff Special Education • RSP Push-In/Pullout • Special Day Class

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	their impact on student success. Teachers and paraeducators are encouraged to attend together to build shared practices they can bring back to their classrooms.			
De-Escalation Strategies & Limiting Power Struggles	This interactive workshop helps educators understand the roots of behavioral escalation. Participants will explore how to lead with connection rather than control - building trust, safety, and respect even in the most challenging moments. Participants will learn how to: • Recognize the stages of behavioral escalation and match their response to the student's need. • Strengthen their own resilience and emotional regulation using proactive self-maintenance techniques. • Prevent power struggles through classroom practices that emphasize connection over compliance. • Apply research-based preventative and responsive tools while protecting educator and student dignity. • Practice real-world scenarios that build calm confidence, curiosity, and compassion in the face of conflict. Participants will walk away with practical strategies they can use immediately.	Gen Ed & Sped Teachers, Paraeducators, Administrators, DIS support providers	4 hours in-person	
Supporting Students with Trauma	Students impacted by trauma often show their pain through challenging behaviors, boundary-testing, or withdrawal - but beneath the surface is a need for connection and safety. This interactive workshop equips educators with the knowledge and tools to respond effectively and compassionately, turning	Gen Ed & Sped Teachers, Paraeducators, Administrators, DIS support providers	4 hours in-person	

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	everyday interactions into opportunities for healing and trust. Participants will explore: • Understanding trauma - what it is (and isn't) • Recognizing trauma's impact in classrooms, including attachment issues, escalation cycles, and secondary emotions • Practical strategies to build trust, foster resilience, and maintain stability through consistent, everyday interactions • Approaches to de-escalation and responding to behaviors with empathy rather than reactivity Whether participants are seeking new insights or refreshing their approach, this session will help them create supportive, trauma-informed environments where every student feels safe, valued, and ready to learn.			
Behavior Planning & Psych Goals	Developing strong behavior plans and coordinated goals begins with understanding student needs and building plans that work in real classrooms. This session guides participants in designing behavior supports that are data-informed, collaborative, and adaptable across IEP, 504, and general education settings. Participants will: • Identify when a behavior plan or psych goal is needed, and how the two work together to support meaningful change. • Learn how Functionally Equivalent Replacement Behaviors (FERBs) bridge assessment and intervention for all students.	School Psychologists, Behavior Specialists, Counselors, Sped Teachers & Case Managers, Administrators	4 hours in-person	

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	• Explore the flow of plans and goals - ensuring assessment, present levels, interventions, and services align for clarity and compliance. • Review examples of clear, measurable goals that promote social-emotional/behavioral improvement and academic success. Attendees will leave with tools, templates, and confidence to create cohesive, legally compliant, and practical behavior plans - whether supporting students through an IEP, 504 plan, or general education intervention.			
Case Studies: From Referral to Follow-Up	This interactive, story-based session takes participants inside real-world student cases to illustrate the full continuum of school-based behavioral and mental health support - from the first referral to post-eligibility follow-up. Using detailed case studies, participants will walk through the SST process, classroom observations, collaboration, assessment, and intervention refinement, gaining a clear picture of how effective support unfolds over time. Participants will: • Follow two parallel student case studies - one qualifying for special education and one receiving general education supports - to highlight diverse pathways to success. • Examine each phase of the process: referral, data collection, interventions, and services. • Explore authentic staff and family perspectives to understand the emotional highs, lows, and realities of student support. • Strengthen skills in team collaboration, family engagement, and progress monitoring.	School Psychologists, Counselors, SST / Student Support Teams, Administrators, Sped Teachers & Case Managers	Full day (approx. 6 hours) in-person	

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	Attendees will leave with practical tools, templates, and real-world insight to guide teams in addressing complex student needs with clarity, consistency, and compassion.			
CBT Strategies for School Practitioners	This hands-on training introduces school practitioners to Cognitive Behavioral Therapy (CBT). Participants will learn the core principles of CBT, including how thoughts, feelings, and behaviors influence one another, and explore commonly used CBT tools through examples from school settings. Participants will practice using the CBT model, asking questions that help students recognize and reframe maladaptive thinking patterns. Participants will leave with specific prompts and strategies they can use right away in their work with students.	School Psychologists, Counselors, School Social Workers, ERMHS/mental health providers	3–4 hours in-person	
DBT Strategies for School Practitioners	Designed specifically for school practitioners, this hands-on introduction to Dialectical Behavior Therapy (DBT) explores how DBT balances acceptance and change, including how to validate what a student is feeling while helping them decide what to do next. Throughout the workshop, participants will practice DBT skills firsthand through guided exercises - practicing skills for managing strong emotions, getting through moments of distress, and navigating difficult interactions. Participants will then connect that experience to their work at school, leaving with practical strategies and language for introducing these skills to students.	School Psychologists, Counselors, School Social Workers, ERMHS/mental health providers	3–4 hours in-person	
Motivational Interviewing (MI) Strategies for School Practitioners	In this hands-on introduction to Motivational Interviewing (MI), school practitioners will explore how MI can help when students are reluctant to talk or unsure about making a change. Using realistic school scenarios, participants will practice core MI	School Psychologists, Counselors, School Social Workers, ERMHS/mental health providers	3–4 hours in-person	

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	skills, including asking open-ended questions, offering affirmations, listening reflectively, and summarizing what students share. Participants will leave with specific prompts and strategies to help students explore their own reasons for change.			
Crisis Response Training	When a crisis hits a school community, staff need to know their roles before the moment arrives. This training prepares school teams to respond to critical events, including threats, natural disasters, and loss of life, with a focus on practical, school-based protocols and clear communication plans. Participants will: • Clarify roles and responsibilities for site crisis team members, administrators, and support staff. • Review practical protocols for responding to threats, natural disasters, and the loss of a student or staff member. • Develop communication plans for staff, students, families, and the wider school community. • Identify ways to support student and staff well-being in the days and weeks after a crisis. Attendees will leave with ready-to-use frameworks and a clearer sense of how to lead their school community with calm, coordinated care when it matters most.	Administrators, Site Crisis Teams, School Psychologists, Counselors, School Social Workers	3 hours in-person	
When a Behavior Plan Doesn't Fit: Understanding Direct Treatment Protocols	Sometimes, challenging behavior is a symptom of something deeper. What happens when traditional behavior interventions don't adequately address a student's underlying mental health needs? This training explores the distinction between Behavior Intervention Plans (BIPs) and Direct Treatment Protocols (DTPs), helping school practitioners recognize when students need more than	School Psychologists, Counselors, School Social Workers, ERMHS Providers, Behavior Specialists, Special Education Case Managers	4 hours in-person	

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	environmental changes and reinforcement strategies. Through practical examples, discussion, and case studies, participants will: • Differentiate between BIPs and DTPs and identify when each is appropriate. • Explore treatment strategies informed by CBT, DBT, and ACT. • Develop treatment goals, coping skills, and progress-monitoring systems. • Apply DTP development strategies through a student case study. Participants will walk away with practical tools for connecting mental health needs to meaningful school-based interventions. Sometimes changing the environment isn't enough. We also need to teach students the skills to navigate it.			
FBA to BIP: Turning Behavior Data Into Meaningful Change	A Functional Behavior Assessment (FBA) should be more than paperwork, and a Behavior Intervention Plan (BIP) should be more than a list of strategies. Effective behavior planning begins with understanding why a behavior occurs and using that information to create interventions that actually make a difference. This comprehensive training guides participants through the FBA process, from identifying behavioral functions to developing individualized, data-informed behavior plans. Participants will: • Understand the purpose, process, and requirements of an FBA.	School Psychologists, Behavior Specialists, Special Education Teachers, Case Managers, Administrators, Counselors	4 hours in-person	

Title	Description	Target Audience	Training Time	Customized Options
	• Explore interviews, observations, ABC data, and other assessment tools. • Connect FBA results to proactive interventions and replacement behaviors. • Develop function-based BIPs using practical examples and case studies. Participants will leave with a stronger understanding of how to turn behavioral data into effective interventions.			
Routines That Work: Less Chaos, More Consistency at Home	Mornings feel like a race against the clock. Bedtime becomes a negotiation. And just when families have finally found a routine that works, something changes! Sound familiar? Consistent routines help children feel safe, confident, and prepared for the day. But establishing them isn't always easy, especially for families supporting children with disabilities. This approachable, judgment-free workshop explores why routines matter, why they're difficult to maintain, and how small changes can make everyday life more manageable. Parents and caregivers will: • Understand how routines support behavior, regulation, and independence. • Explore the connection between sleep, circadian rhythms, and daily habits. • Learn strategies for creating consistent morning and bedtime routines. • Use visual supports and gradual changes to build independence. • Identify practical solutions to common challenges and setbacks.	Parents, Caregivers, and Families of Children with Disabilities	1–1.5 hours in-person	

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	Parents and caregivers will leave with realistic strategies for building routines that work for their family.			
Check-In/Check-Out & Token Economies That Work	Positive reinforcement is one of the most powerful tools educators have. But there's a big difference between handing out rewards and building an effective behavior intervention. When implemented thoughtfully, Check-In/Check-Out (CICO) and token economies can help students build positive habits, strengthen relationships, and experience meaningful success at school. This interactive training explores two flexible, evidence-based interventions that can be adapted for individual students and classroom settings. Participants will: • Understand CICO as a Tier 2 intervention and identify appropriate students. • Explore daily check-ins, point cards, goal setting, and progress monitoring. • Adapt CICO to student needs, behavioral functions, and school resources. • Design effective token economies with meaningful reinforcement. • Troubleshoot common challenges and apply strategies through case studies. Participants will walk away with practical strategies for making reinforcement systems more intentional, flexible, and effective.	General and Special Education Teachers, Paraeducators, School Psychologists, Counselors, Behavior Specialists, Administrators	4 hours in-person	
Check-In/Check-Out: Small Connections, Big Behavioral Impact	Check-In/Check-Out (CICO) is a structured, relationship-centered Tier 2 intervention that combines encouragement, clear expectations, and meaningful feedback to support student growth. This practical training walks school teams through the	General and Special Education Teachers, Counselors, School Psychologists, Behavior Specialists,	1–2 hours in-person	

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	essential components of implementing and sustaining an effective CICO program. Participants will: • Understand CICO's purpose, its role within MTSS, and student selection. • Learn daily procedures, staff responsibilities, and implementation steps. • Build positive relationships through strengths-based feedback. • Develop effective point cards and measurable behavioral goals. • Explore family communication, fidelity, and progress monitoring. • Practice CICO procedures and adaptations through interactive activities. Participants will leave with a clear framework for implementing CICO with consistency and confidence. Sometimes the most meaningful behavior intervention starts with a simple, positive connection.	Administrators, MTSS/PBIS Teams, CICO Coordinators		
Implementation Fidelity: The Psychology of Habits and Routines	Having a plan is only the beginning. Even the best strategies fall short when everyday demands, competing priorities, and old habits get in the way. This interactive training explores the human side of implementation fidelity, using psychology, behavioral science, and practical school-based examples to understand why consistency is so difficult and how to make it more achievable. Through guided reflection, discussion, and practical exercises, participants will: • Distinguish habits from routines and connect both to classroom structures and intervention fidelity.	General and Special Education Teachers, Paraeducators, Administrators, School Psychologists, Behavior Specialists, Support Staff	4 hours in-person	

Title	Description	Target Audience	Training Time	Customized Options
	• Identify barriers to consistent academic and behavioral supports. • Use small, sustainable changes to strengthen instruction, behavior interventions, and daily classroom systems. • Explore how thoughts, feelings, and behaviors influence staff follow-through using CBT. • Create a realistic improvement plan for a classroom practice or intervention. Participants will leave with practical ways to turn good intentions into consistent action. Because knowing what works is only the beginning. The real challenge is doing it with consistency and fidelity.			
Strengthening Support: Behavior and Classroom Strategies (TK - 3rd)	This interactive training gives TK - 3rd grade educators practical, research-based strategies for preventing challenging behavior and strengthening classroom management. Participants will learn how small, consistent changes to daily routines can lift the behavior of the whole class. Topics include structured transitions, clearly taught behavior expectations, attention getters, simple one-step directions with checks for understanding, and specific praise at a 4:1 ratio. The training also covers strategic use of paraeducators and academic accommodations that reduce behavior driven by task demands. Through discussion, video examples, and hands-on practice, teams will choose focus areas and leave with a plan for consistent implementation across classrooms and campus settings.	TK - 3rd Grade Teachers, Paraeducators, PBIS Leaders, Instructional Coaches, Administrators	1.5 – 3 hours in-person	

Please click on the link below to fill out the training request
District Training Request